**PROFESSIONAL RESUME**

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| **1.** | Name | : SAEED UR REHMAN |
| **2.** | Nationality | : Pakistani |
| **3.** | Contact Details | : rehman.saeed\_ur@jgc.com |
|  |  | 966531031984 |
| **4.** | Present Employer | : Core Team General Contracting Co. LLC |
| **5.** | Candidate's fluency in written and spoken English | : Fluent |
| **6.** | Candidate's current job title | : HSE Supervisor |
| **7.** | Experience | : 9 Years |
| **8.** | Current work location | : Saudi Arabia |

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| **9.** | Educational qualifications |  |
|  | **9.1** education | : 2-Years Diploma in Environmental Engineering |
|  | **9.2** School name | : NUCOM Institute of Technology, Rawalpindi |
|  | **9.3** Year degree awarded | : 2014 |

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| **10.** | **Training and Courses Attended:** | |
|  |  | * 1 Year diploma in Health, Safety and Environment (2011-2012) * ISO 14001 EMSA (2021) * NEBOSH IGC (13-Dec-2021) * Hazard Recognition & Control, Isolation, Lock-Out/Hold Tags, and Confined Space (2018) * OSHA 30 Credit Hours (22-NOV-2015) * Aramco Approval of Safety officer @ Abqaiq Plant. * Aramco Work Permit receiver certification |

**11.** **Professional work experience**

1. **Position:** HSE Supervisor
2. **Company / Project Name:** Dew Point Control Unit (JGC)

* DPCU Project @ Abqaiq Plants

1. **Duration:** Nov 2022 till now
2. **Brief Job Description:**

* Establish and implement the Project HSE Management System in line with Saudi Aramco Health, Safety & Environmental Management Systems and JGC corporate standards.
* Carry out site surveys to see that only safe work methods were being used in operation; that health and Safety requirements are being observed; and those facilities are adequate and properly maintained.
* To cooperate and coordinate with Line Management staff to provide advises in safe working environment.
* Make sure PTW, START (Safety Task Analysis Risk Reduction Talk) being issued and conducted in each task and ensure the task members are eligible and aware of related potential work activity Hazards, area risk identification and control measures.
* Support and Organize Contractor and Subcontractor HSE Officers routine activities and conduct site Inspections and internal meetings.
* To support HSE manager in investigation of all Near Misses, First Aid Cases and all accidents and incidents reported.

1. **Position:** Work Permit Receiver
2. **Company / Project Name:** AFAC (JGC)

* DPCU Project @ Abqaiq Plants

1. **Duration:** Feb 2022 till Sep 2022
2. **Brief Job Description:**

* Make sure that before beginning any job there is necessary work permit.
* Always bear in mind all safety guidelines and procedure.
* Before leaving the job site, make sure that all unfinished job such as
* open pit, overhead and other must have safety precaution of signboard.
* and safety tape to avoid accident.
* Monitor all site activities to ensure that all Safety Procedures are.
* followed perfectly.
* Make daily reports and submit to immediate supervisor.
* Make necessary work permit whenever to begin the job.

1. **Position:** Safety Officer
2. **Company / Project Name:** Nesma Tata Projects Ltd.

* Replace Gas compression project at Abqaiq plants.

1. **Duration:** Mar 2020 till Jan 2022
2. **Brief Job Description:**

* Frequent inspection of personal protective equipment and ensure that suitable PPE'S are.
* available and used by employees.
* Monitor heavy lift activities on the site and ensure all necessary documents such as lifting.
* permit, lifting plan, and certification of operators/rigger are available prior to lifting.
* Keep and up-to date record of all correspondence pertaining to safety.
* Provide site training to all appointed stand-by men and fire watch.
* Participate in evaluation of employee’s loss control efforts through viable suggestion system.
* Initiate company's safety policy for the control of injury damage and fire.
* Monitoring and assisting Commissioning activities. Monitoring of Lock out and Tag out.
* (LOTO). Conduct Unsafe Act Auditing.
* Encourage work if it is “Total Safety”, Stop work if it is “Total Unsafe.”

1. **Position:** Safety Supervisor
2. **Company / Project Name:** Al Rushaid Construction Co.

* Restoration Project at Abqaiq plants

1. **Duration:** Mar 2019 to Jan 2020
2. **Brief Job Description:**

* Fully Awareness of safety standards of the compliance and LPD.
* Provide expertise and resource to Plant Managers, Operation Managers, and employees.
* Provides support and assistance to branch safety supervisors and area safety managers.
* Assist, support and or advise facility Management and Safety Coordinator with respect to
* CSM, Aramco standards and OSHA compliance
* Assists in developing job safety analysis and training for specific tasks.
* Performs branch key performance indicator audits.
* Supports and assists Regional Safety Manager in areas of specific expertise.
* Develop employee reward programs for safety performance.
* Influencing and coaching other managers & colleagues to deliver a step change in our safety.

culture

* Regular strategic communication with EH&S Manager
* Assist with regular safety audits and inspections and keep track of safety audit results.
* Develops and implements effective project programs for the identification, prevention and control of occupational injuries and illnesses.
* Ensure valid Work Permit for every task.
* Regular site visit to identify significant hazards & proportionate control measures.
* Recommendation & Corrective action for unsafe acts &unsafe conditions.

1. **Position:** Safety Officer
2. **Company / Project Name:** Br. C.A.T International Co.

* OMPP Project at Abqaiq Aindar SDGM Area

1. **Duration:** Apr 2015 till Nov 2018
2. **Brief Job Description:**

* Develops and implements effective project programs for the identification, prevention and control of occupational injuries and illnesses.
* Frequent inspection of personal protective equipment and ensure that suitable PPE'S are.

available and used by employees.

* Monitor heavy lift activities on the site and ensure all necessary documents such as lifting permit, lifting plan, and certification of operators/rigger are available prior to lifting.
* Keep and up-to date record of all correspondence pertaining to safety.
* Provide site training to all appointed stand-by men and fire watch.
* Participate in evaluation of employee’s loss control efforts through viable suggestion system.
* Initiate company's safety policy for the control of injury damage and fire.
* Encourage work if it is “Total Safety”, Stop work if it is “Total Unsafe.”
* Monitoring and assisting Commissioning activities. Monitoring of Lock out and Tag out (LOTO).
* Conduct Unsafe Act Auditing.

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| Candidate's Signature | : | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Name | : | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
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